----OFFICIAL INFORMATION DISPATCH FOLLOWS-----RTTUZYUW RHOIAAA0054 3552217-UUUU--RHSSSUU.

ZNR UUUUU

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FM COMNAVRESFOR NORFOLK VA

TO NAVRESFOR

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**UNCLAS** 

ALNAVRESFOR 037/24

MSGID/GENADMIN/COMNAVRESFOR NORFOLK VA/N9/OCT//

SUBJ/PRE-MOBILIZATION SCREENING//

REF/A/OPNAVINST 3060.7C CH-1/17AUG18//

REF/B/BUMEDINST 1300.3 SERIES//

REF/C/COMNAVRESFORINST 3060.7F//

REF/D/SECNAVINST 6120.3A//

REF/E/BUMEDINST 1300.4 (SERIES)//

REF/F/ ACI 4200.09B/15SEP23//

REF/G/USCENTCOM MOD 17/17APR23//

REF/H/USINDOPACOM FY 2024/6DEC23//

REF/I/ECI 4202.01/3JUL19//

REF/J/SC REGULATION 40-501/21FEB23//

REF/K/NNCI44-163/5DEC14//

REF/L/USFK REG 40-9/20OCT21//

NARR/REF A is OPNAVINST 3060.7C CH-1, Navy Manpower Augmentation

Guide. REF B is BUMEDINST 1300.3 (SERIES), Suitability Screening for

Individuals Nominated for Individual Augmentee and Support

Assignments to Overseas Contingency Operations, and Specific

Temporary Additional Duty Assignments. REF C is COMNAVRESFORINST

3060.7E, Navy Reserve Mobilization/Demobilization Procedures. REF D

IS SECNAVINST 6120.3A, Periodic Health Assessment for Individual

Medical Readiness. REF E IS NAVMED 1300.4 (SERIES), Redeployment

Screening Procedures for Individuals Returning from Overseas Contingency Operations Support Assignments. REF F IS ACI 4200.09B,

Force Health Protection Requirements and Medical Guidance for Entry

into the United States Africa Command Theater. REF G IS USCENTCOM

MOD 17, USCENTCOM INDIVIDUAL PROTECTION AND INDIVIDUAL/UNIT

DEPLOYMENT POLICY. REF H IS USINDOPACOM FY 2024, FORCE Health

Protection Guidance for USINDOPACOM AOR. REF I IS ECI 4202.01,

Health Service Support United States European Command Theater Medical Entry Requirements. REF J IS SC REGULATION 40-501, Medical Suitability Screening. REF K IS NNCI44-163, Individual Medical Readiness. REF L IS USFK REG 40-9, Force Health Protection Requirements for the Korean Theater.

RMKS/1. Pre-Mobilization Medical Screening for Navy Reserve Component Sailors must be completed in accordance with references (a) through (l).

- 2. Pre-Mobilization blood draws for fasting lipids, fasting blood glucose, and/or hemoglobin A1C are not required for every service member prior to mobilization.
- 3. Service members over age 40 with a known diagnosis of Hyperlipidemia, Diabetes Mellitus, or other known cardiac disease, such as Coronary Artery Disease, Heart Failure or Myocardial Infarction, require results of fasting lipid blood test. Results must be within 90 days of R## to calculate the 10-year Atherosclerotic Cardiovascular Disease risk percentage.
- 4. Service members with a known diagnosis of Diabetes Mellitus must have results of fasting blood glucose and hemoglobin A1C within 90 days of R## to determine whether the member is stable to proceed to RC2. An additional fasting blood glucose and hemoglobin A1C must be drawn within 90 days of ready load date.
- 5. A service member's lack of compliance with United States Preventative Task Forces Screening Guidelines is not a reason to perform pre-deployment blood test screening, unless required for theater entry by the Combatant Commander.
- 6. If a clinical indication is present to draw fasting lipids, hemoglobin A1C, or fasting blood glucose beyond what is specifically mentioned above and the results are abnormal, a waiver must be routed to the gaining combatant commander if the results are obtained within 150 days of ready load date. If the results are obtained more than 150 days of ready load date, the Regional Medical Director or Adaptive Mobilization Medical Officer will determine if the member is stable to proceed to RC2. The medical waiver authority will determine whether the service member can mobilize.
- 7. Point of Contact: CAPT Joy Greer COMNAVRESFOR N9
  Telephone (948)223-6066 E-Mail: CNRFC\_FORCE\_HEALTH\_N9ATUS.NAVY.MIL
- 8. Released by RADM Michael Steffen

Deputy Commander, Navy Reserve FORCE.//

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